TOP Children's
Bedtime Stories
EBOOK

Thanks to all of the bloggers who took part in this project, from Wales and across the UK

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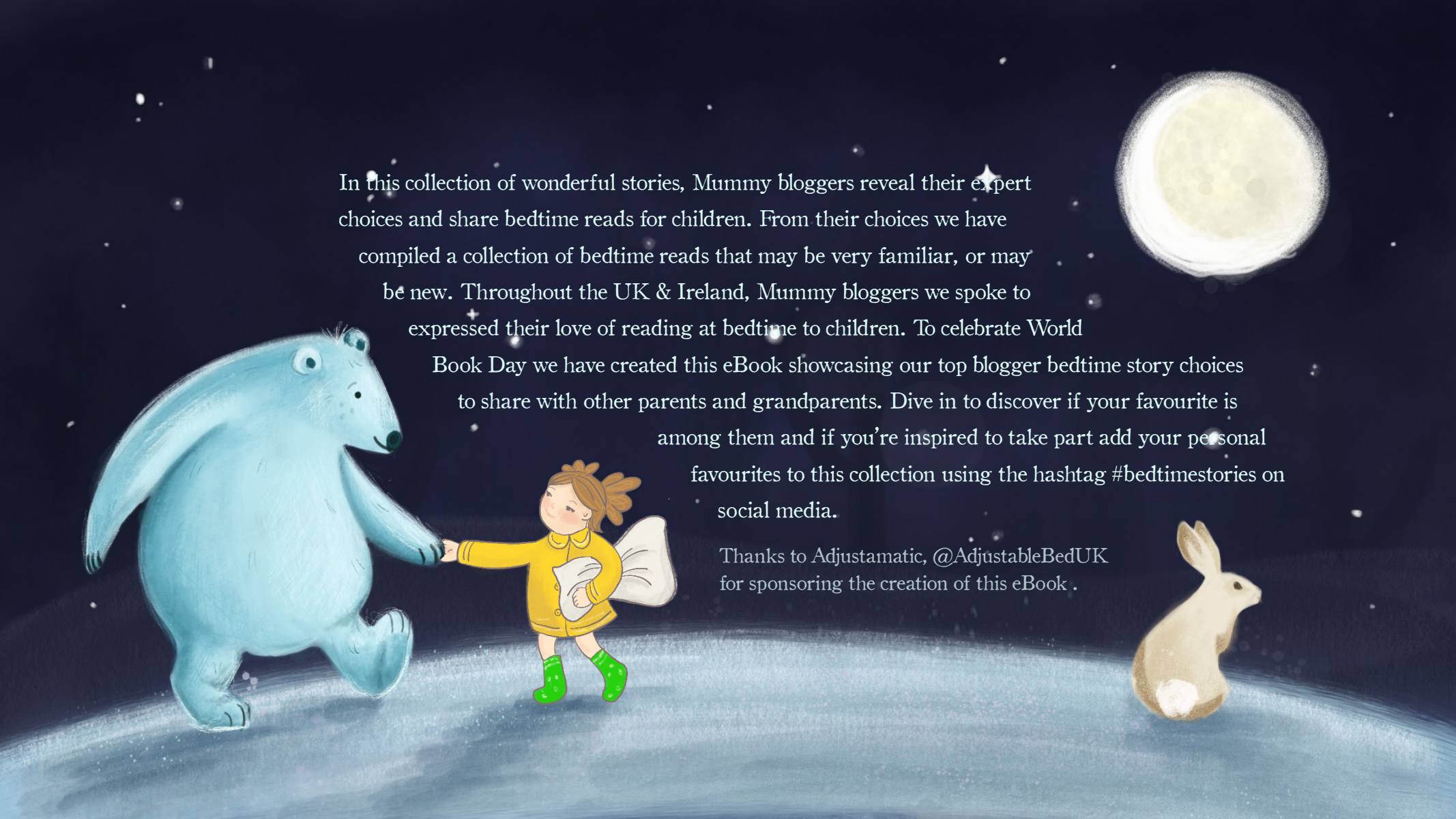


In this collection of wonderful stories, Mummy bloggers reveal their expert choices and share bedtime reads for children. From their choices we have compiled a collection of bedtime reads that may be very familiar, or may be new. Throughout the UK & Ireland, Mummy bloggers we spoke to expressed their love of reading at bedtime to children. To celebrate World Book Day we have created this eBook showcasing our top blogger bedtime story choices to share with other parents and grandparents. Dive in to discover if your favourite is among them and if you're inspired to take part add your personal favourites to this collection using the hashtag #bedtimestories on social media.

Thanks to Adjustamatic, @AdjustableBedUK
for sponsoring the creation of this eBook .

Guess How Much I Love You

"This timeless story by Sam Mc Bratney, illustrated in gentle watercolours by Anita Jeram is our favourite.

The story is moving and beautifully illustrated, reading all about the love that Little Nutbrown Hare and Big Nutbrown Hare have for each other is the perfect way to end every night. We will read this book to Aria time and time again, year after year."

"We have a board book which makes it suitable for even the littlest of babies who just want to pull and chew the book!"

LEANNE CORNELIUS

Based in the South Wales Valleys, Leanne blogs about all things including her journey as a first time mother, days out and food. She has a fondness for pretty interiors and floral prints.
Her motto is "If I love it. I blog it"

A Slice of My Life Wales

@CorneliusBlog

Bloggers Choice!

MUM, SARAH

Sarah is a thirty-ish Mum of two juggling parenting, working, blogging, photography and sometimes a bit of housework! She lives in Newport South Wales and has been blogging about anything and everything for just over a year.

hillsanddaffodils.co.uk

@hillsdaffodils

Bloggers Choice!

The Stick Man

"Our favourite bedtime story has to be The Stick Man. Most parents will know Julia Donaldson's books inside out because children love these stories, and my two girls are no different. I enjoy reading this book because of how easily it flows, and after a long day that's always appreciated. My girls love it because of the whole adventure, the repetition and the amazing illustration (by Axel Scheffler), the fact that Santa makes an appearance and everything ends up OK in the end just adds to this lovely heart-warming and fun tale. A regular, and much loved choice in our home!"

Goodnight Moon

"My favourite children's bedtime story is 'Goodnight Moon'. My eldest daughter was bought a copy when she was a toddler and fell in love with the book. It quickly became the story that we read every night without fail before she went to sleep. The book is about a little rabbit saying goodnight to the items in his room before going to bed, and I think the simplicity of the story really appeals to toddlers. My daughter loved saying goodnight to all the things in the room alongside the book and it really helped her to settle down. We now have three more children and Goodnight Moon remains a firm favourite. I have read it to all of them in turn {that means I've been reading it at bedtime for almost 12 years!} and can read it word for word without the book! It's definitely our favourite story and one that we hope to read to our grandchildren one day!"

POLLY DAVIES

Polly is a Mama, blogger and freelance writer. She lives with her husband in North Wales with their four children. She spends her days reading stories, cuddling children, writing blog posts and baking cakes.

thisenchantedpixie.org

@pixie_polly

Bloggers Choice!

MUM, KATIE

Katie's blog is all about family life with her daughter, son and husband. Mummy's Diary also offers honest reviews as well as articles on lifestyle and current affairs.

mummysdiary.co.uk

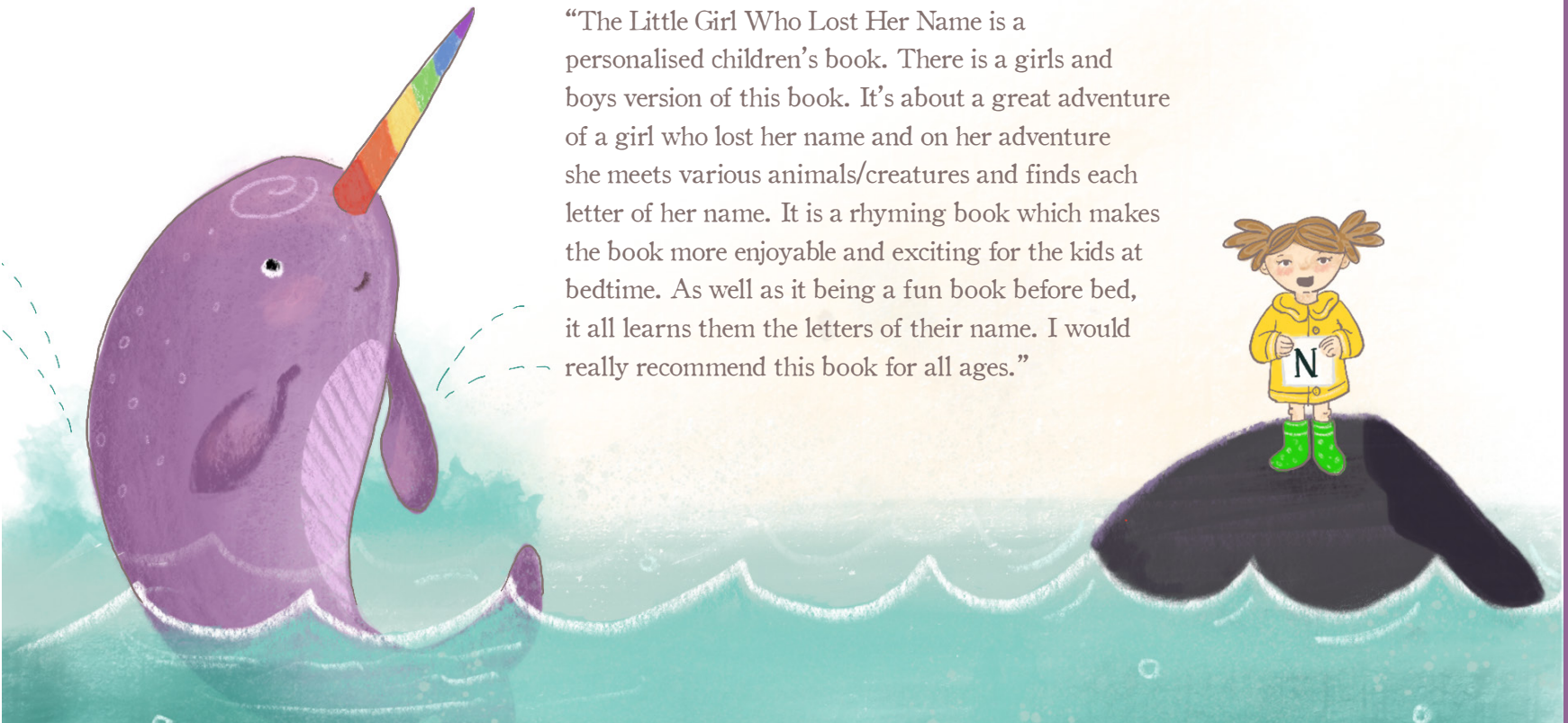
@katie4_16

Bloggers Choice!

What a Busy Baby!

"Our favourite bedtime story is Busy Baby by Rebecca Patterson. My daughter is 3 and my son is 1. My son always grabs the book off the shelf and sits on my lap so I can read it to him. It's always this book they want read to them before bedtime it is part of their routine. I love this book because my children love it! I think they love it so much because it's such a simple book but it really is entertaining. They play along to the actions in the book with the peek a boo and the wriggly toes it's great. I'd definitely recommend this book as a bedtime story book to parents. At the end of the book the little baby is tired and gets tucked up into bed ready for the night. It really is lovely."

The Little Girl Who Lost Her Name



"The Little Girl Who Lost Her Name is a personalised children's book. There is a girls and boys version of this book. It's about a great adventure of a girl who lost her name and on her adventure she meets various animals/creatures and finds each letter of her name. It is a rhyming book which makes the book more enjoyable and exciting for the kids at bedtime. As well as it being a fun book before bed, it all learns them the letters of their name. I would really recommend this book for all ages."

MUM, BETHANIE

My name is Beth and I am a Mother of two girls aged 6 and 4, I am also pregnant with a little boy, due July 2016. I am a UK Pregnancy & Parenting blogger at www.life-as-mum.co.uk. I cover many topics on my blog and document my family life.

life-as-mum.co.uk

@lifeasmumblog

Bloggers Choice!

AMY SWAN

I am a bespoke wedding cake artist with a passion for beautiful things. With a degree in textile design I am inspired by my welsh roots - growing up in Snowdonia, a Welsh country girl through and through. I love flowers, vintage treasures and historical fabric design. A wife and mother of three beautiful girls;, Clara 4 and 2 year old twins Ava and Rosa.

amyswanncakes.co.uk

@amyswanncakes

Clara loves dressing up and making - just like Clara button

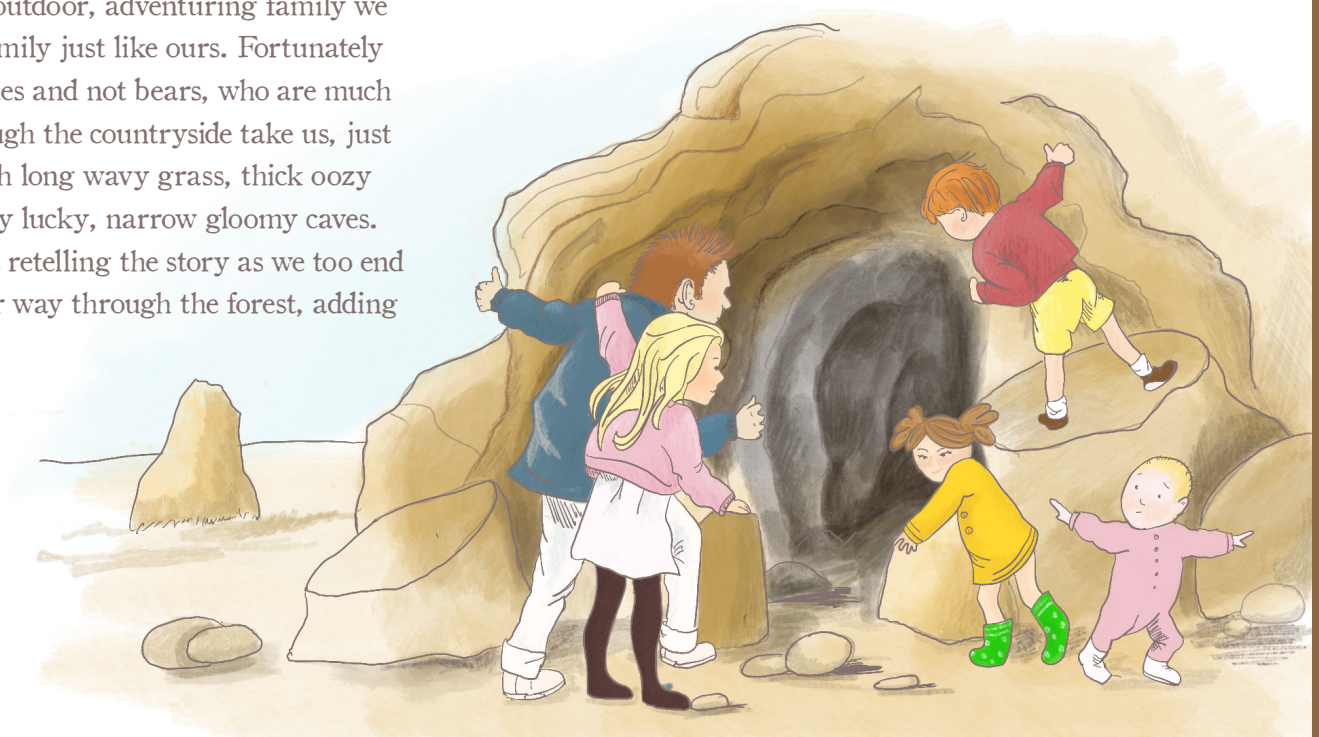
Bloggers Choice!

Clara Button and the Wedding Day Surprise

"This is an absolutely stunning child's book with enchanting illustrations by Emily Sutton based on the story of a little girl called Clara Button who loves making things, drawing and dressing up. When the family is invited to a wedding Ollie her brother, who is a bit of an inventor wants to make something special to take and Clara wants the perfect outfit. When she decides to colour her hair purple to match her dress she gets in a quite a mess but uses her creativity to come up with a magical solution. The wedding turns out to be a beautiful and colourful Indian wedding, which Clara's outfit proves perfect for. My eldest daughter 'Clara' is mesmerised by this book. Partly because 'Clara' is the main character and she actually looks a bit like her too! But also because our house is a bit like 'Clara's' - an Aladdin's cave of sparkly bits and bobs. The wedding theme is a lovely warm and happy basis for the story, wonderful for little girls that love to imagine the beautiful gowns and cakes. There is a double page in the book where Clara goes to a haberdashery, the illustration of this scene stands alone with no words, there is so much to look at - a stunning illustration. When I read this to Clara we both spend so long looking at all of the little details in the gorgeous illustrations. There is so much in this book to inspire children's imagination helped along beautifully by the genius of Emily Sutton a favourite illustrator of mine. Evocative of my childhood where I spent hours imagining, making and experimenting in a fantasy world; 'Clara Button' optimises childhood at its best."

We're Going on a Bear Hunt

"Our favourite bedtime story for many years has been the classic tale; 'We're Going on a Bear Hunt.' by Michael Rosen. As an outdoor, adventuring family we love the story of this family just like ours. Fortunately we are seeking geocaches and not bears, who are much scarier! Our trips through the countryside take us, just like in the book through long wavy grass, thick oozy mud and if we are really lucky, narrow gloomy caves. We often find ourselves retelling the story as we too end up stumble tripping our way through the forest, adding to the fun we have."



MUM, CLARE

I'm Clare, mum of three and passionate about getting children active in the great outdoors. I have a professional background in early years education and training early years practitioners. With a personal love of being outside, and the occasional adrenaline rush, we spend our time as a family geocaching, exploring and generally having fun outdoors.

mudandnettles.com

@mudandnettles

Bloggers Choice!

MUM, JADE

Jade is a parenting and lifestyle blogger who writes about day to day life as a former teenage mother. Jade's a mother to her nine year old son, and more recently her one year old puppy dog, she's engaged and writes about day to day life, with the added mix of recipes, fun days out, features and product reviews, as well as embarking on a new adventure with her son's health.

uniqueyoungmum.com

@UniqueMummyBlog

Bloggers Choice!

Tamara Small and the Monster's Ball

"This rhyming book helped my son who was six years old at the time with his fear of bedroom monsters, the book is beautifully illustrated and helped relax my child with his monster visions! A few reads of this cleverly worded book erased my son's fear of bedroom monsters completely, putting his nightmares to bed. Now my son is a month away from his 10th birthday, and it's still a firm favourite for the pair of us!"

Night Monkey, Day Monkey

"My favourite bedtime story is Night Monkey, Day Monkey by Julia Donaldson. This book is regularly requested at bedtime in our house and I love it just as much as my two young sons. The story is about the activities of two monkeys one that is awake at night and the other during the day. The illustrations are bright, colourful and cute and really bring the story to life. My sons adore the two monkey characters and enjoy learning about their different routines and activities. I have found the book is a great way to teach young children about what happens at certain times of the day and it encourages questions to discover about night and daytime. A fun book; perfect for bedtime."

MUM, JENNY

Jenny is a mum to two young sons and writes the magazine and blog

waleswithalittleone.co.uk.

She created Wales with a Little One as a place to share useful information and showcase all the fun activities and places to visit for families in her local area of South Wales.
Jenny loves books and reading herself so after a day out exploring she likes to snuggle up with her boys and continue their adventures through the world of each bedtime story.

@WalesLittleOne

Bloggers Choice!

MUM, LAURA

Laura has been blogging at Tired Mummy of Two for nearly 6 years. Originally she was tired because her kids didn't sleep well, now she is tired because she spends her evenings writing her blog. Tired Mummy of Two has been listed as one of the top ten Mummy blogs for the last two years and it allows Laura to capture her family memories and make many more.

tiredmummyoftwo.co.uk

@TiredmummyofTwo

Bloggers Choice!

Shark in the Park to The BFG

"When the girls were smaller we loved reading stories such as the Shark in the park where we made up some actions and looked up and looked down and looked all around to see what we could see. As they got older we moved on to the Dr Seuss books where they loved the rhymes and the silliness. Now they are older we read chapter books together such as Roald Dahl and JK Rowling. It would be hard to choose my favourite but listening to my daughters read from books that I loved as a child such as the BFG is amazing and a highlight of my day."

Can't you sleep Little Bear?

"Our favourite story is Cant you sleep little bear by Martin Wadell. My granddaughter snuggles up with her own bear and cuddly cat, and settles down with this lovely story when she comes to stay. Although only just three she has learnt most of the story and reads some bits along with me. We do different tones of voices for the characters which she loves, especially the deep voice for Daddy bear. It's special because her father used to love the same story so it brings back lovely memories for me, and is hopefully creating new lovely memories for her."

GRANDMA, BETH

Beth is a grandma blogger who loves sharing stories about her granddaughter and life as a mum and grandma. Beth is newer to blogging than parenting and grand parenting, and is able to share moments of "Being grandma", "Being mum" and "Being me" through her blog

grandmabythesea.co.uk

@grandmabythesea

Bloggers Choice!

MUM, JESS

Jess blogs about life, love, motherhood, her day job as a county councillor, and everything else which captures her interest.

www.babiafi.co.uk

@jess__powell

Bloggers Choice!

Five Little Kittens

"Our favourite bedtime story is 'Five Little Kittens' from the ladybird book series, all about the muddle the kittens get into trying to tidy the house while Mummy is at the shops. I like that the message it delivers is not as black and white as in a lot of books aimed at younger children; the kittens are trying to be good and helpful but, sometimes, it's better to wait for a grown up's advice rather than just forge ahead!

It's so special because it was my own favourite story - many years ago! - and I read it to first my bump, and then in NICU before we were allowed to bring Marianna home. Now Marianna likes the story for its rhyme, and for the cute illustrations."

Room on the Broom

"This story has been our favourite since the children were small. I think because the story is rhyming and easy to read, it makes it easier to be creative with voices and act out the story as you go along. There are also parts of the story that the children remember and get involved with, for instance the "whoosh" parts. The children memorise the words more and more each time we read it and they can probably tell me the whole story now, with a little prompting. It's a great story and perfect for bedtimes! "

MUM, SONIA

Hello! I am Sonia and my blog MummyConstant is a family and lifestyle blog, which started in 2009, featuring the life and times of the Constants. It is a .My blog is a diary of what we get up to, so that I can look back on it in years to come and smile.

mummyconstant.com

@mummyconstant

Bloggers Choice!

MUM, CATHRYN

Cathryn Scott is a freelance journalist and blogger living in Cardiff. Her blog, Cardiff Mummy Says, charts her life as a mother of three children aged 6, 4 and 2, in Wales's capital city and beyond. A huge bookworm herself, Cathryn has read to her children since the day they were born and is delighted all three have inherited her passion for reading.

cardiffmummysays.com

@CardiffMummy

Bloggers Choice!

Owl Babies

"This gorgeous book is a tale of motherly love and also the bond between siblings. Three baby owls, Sarah, Percy and Bill, wake up and start to worry because their mummy isn't there. Sensing her brothers' fears, Sarah suggests that Percy and Bill should come and sit with her on her branch and the three cuddle up. As a mother of one daughter and two sons, this bit always brings a tear to my eye because the big sister looking out for her younger brothers reminds me of the beautiful bond between my own children. Thankfully, it isn't long before Mummy Owl returns and the owl babies bounce up and down with excitement on their branch, which always reminds me of how excited my three get when their Daddy comes home from work. The text doesn't rhyme but it has a lovely lyrical quality about it, while the illustrations are simple but striking. The black background on every page makes the emotions on the owl babies' faces even more prominent. It's also a lovely way to introduce the idea to a child that even though a parent goes away, they will be back soon, so it's perfect for little ones starting nursery or school. My children are 6, 4 and 2 now – we've had this book for years and all of us still love it."

Bedtime book sharing creates your own family routine and memories to treasure. If you have a bedtime story you and your family love please share it on social media and don't forget to mention the project @AdjustableBedUK and hashtag #bedtimestories

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